

COUNCIL MOTION

13/07/2023

PROPOSED BY: Gareth Lloyd-Johnson

SECONDED BY: TBC

ANDY'S MAN CLUB

Andy's Man Club was created in 2016 with the aim to create a talking group, a place for men to come together in a safe environment to talk about issues and problems they have faced or are currently facing. Formed in Halifax, the Club follows the motto, 'it's ok to talk.'

In their own words, AMC aim to, "eliminate the stigma surrounding mental health and create a judgment-free, confidential space where men can be open about the storms in their lives. [They] aim to achieve this through weekly, free-to-attend peer-to-peer support groups for men aged over 18."

On July 3rd, Andy's Man Club held the first meeting of their newly formed Southport branch.

This Council recognises;

- 1. The excellent work of Andy's Man Club to date and the particular role they play in improving mental health in our communities.*
- 2. That according to the Department for Health, suicide is the biggest cause of death in men under the age of 50 and around three-quarters of deaths from suicides each year are men.*

This Council resolves to;

- 1. Welcome Andy's Man Club to Southport and ask the Council's Chief Executive to write to the organisation expressing these sentiments.*
- 2. Explore ways that the Council can work with Andy's Man Club to support their work.*